

## Praise God for Piano Stools!



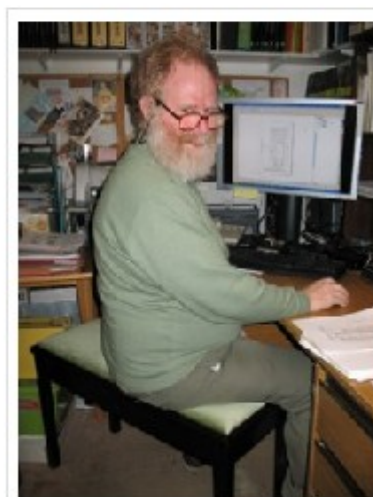
As many of you know, I (Steve) have been suffering for many weeks now from a severe back problem. I've had to stay in bed a lot, and Johanna came up with an ingenious contraption enabling me to work flat on my back with monitor and keyboard poised over me. In this way I was able to continue working on the **Chumburung Bible**, despite being unable to sit for more than a few minutes.

But last week the situation was completely changed by, of all things, a **piano stool**! Fed up with seven weeks more or less confined to our bedroom, I went downstairs one day, pulled out the piano stool, and started to play.

Twenty minutes later I realised I had been sitting all that time without any discomfort. In fact, when I stood up my back felt more at ease than it had for a long time!

I saw the chiropractor the next day and told him what had happened. He explained why I had found the piano stool so helpful: there's no back to lounge against; it's relatively high, ensuring the knees are lower than the hips (which apparently helps); and it's narrow, reducing pressure on the underside of the thighs (also good).

So last Saturday Johanna's wonderful monitor-trolley was taken apart and stored in the garage—where we hope it'll stay unused for a good long time! And I'm once again able to work in my home office (though with frequent breaks). All thanks to God's grace and a piano stool!



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